

**HOURS:**

wed-sat 9-4

sun 9-2

www.thelakecafe.com

1224 RR 2900

Kingsland, TX 78639

512-773-3949

# the lake cafe™

relax. eat fresh. repeat.

## starters

great to share

**Chips & House Made Salsa**

organic whole grain chips with fire-roasted salsa 5

**Hummus w/ Flatbread Crisp**organic garbanzos, garlic, lemon, and spices  
served with flatbread crisp 6**Olive and Cheese Tray**mixed marinated olives, assorted cheese, organic house  
made hummus, flatbread crisp 12

## salads (served with toasted ciabatta)

🌿 **The Lake Cobb Salad**

organic greens, avocado, tomato, cucumber, house spiced  
bacon, hard boiled egg, roasted corn, feta cheese, red onion,  
house vinaigrette 11

🌿 **Greek Salad**

organic greens, feta, kalamata olives, tomato, red onion,  
pepperoncini, cucumber, tomatoes, house vinaigrette 10

🌿 **Chicken Salad**

tender all natural chicken breast, celery, onion, tarragon  
yogurt mayo, toasted pecans and golden raisins on organic  
greens topped with tomato & red onion 9**Mixed Field Salad w/Breaded Goat Cheese Medallions**organic greens, sliced apple, maple pecans topped with  
warm breaded goat cheese, raspberry vinaigrette 9

🌿 **Grilled Chicken & Mixed Field Green Salad**

sliced grilled chicken breast, organic mixed greens, grated  
carrot, red onion, tomatoes, house vinaigrette 10

🌿 **Side Salad**

mixed baby greens, parmesan, cherry tomato, house  
vinaigrette 3

🌿 **Soup and Salad Combo**

a cup of our homemade soup and a small house salad 8

## sweet treats

vanilla custard 3

scones 3

coconut custard 3

muffins, rolls 3

homemade ice cream scoop 3

## sandwiches

**Avocado Delight Sandwich** (with chips & salsa)avocado, organic greens, tomato, cucumber, hummus,  
grated carrot, red onion, olive oil mayo on whole grain 9**The Lake Muffaletta** - black forest ham, olive  
tapenade, provolone and roasted tomato on house  
baked ciabatta roll w/choice of side salad chips & salsa  
or cup of soup 11**Roasted Tomato & Mozzarella Sandwich** roasted  
tomatoes, fresh basil pesto and fresh sliced mozzarella on  
house baked ciabatta roll, w/mixed green salad or soup 9**BLTA Sandwich** (with chips & salsa)house spiced bacon, organic greens, tomato, avocado, olive  
oil mayo on whole grain 9**Roast Beef & Gouda Sandwich** (with chips & salsa)lean medium cooked roast beef sliced thin and served  
on an onion roll with our horseradish caper mayo, lettuce,  
tomato, onion - full sandwich 12

1/2 roast beef sandwich with cup of soup 9

**Black Bean Tacos** (with chips & salsa)black beans, carrot, avocado, mixed greens, pepper jack  
cheese, chips & fire-roasted tomato salsa one 8 two 12  
🌿 can be served on corn tortillas for gluten free option**Chicken Salad Sandwich** - tender all natural chicken  
breast, celery, onion, tarragon yogurt mayo, toasted pecans  
and golden raisins on whole grain with mixed greens and  
tomato, cup of soup or chips & salsa 10**Grilled Chicken Sandwich** - all natural chicken breast,  
gruyere cheese, caramelized onion, apricot mustard & mixed  
greens, choice of chips & salsa or cup of soup 11**Take Out** available for .50 surcharge per sandwich, salad or  
other larger container. We use recycled and recyclable take  
out materials.

## drinks

Iced Tea 2.25

Cappuccino 3.50

Hibiscus Iced Tea 2.50

Organic Natural Sodas 3

Organic Coffee 2.25

Wine (coming soon)

Hot tea 2.50

Local Beer (coming soon)

🌿 Indicates gluten free\* choices - \*gluten free does not always mean 100% gluten free, it means we are not using products with known gluten in them. We use local, organic products whenever we can - please ask for any product details! Made from scratch salsas, soups, salad dressings, hummus. We serve free range yard eggs, natural often organic chicken and RO Filtered water.

## *breakfast & brunch items*

Open-faced egg sandwiches:

**BLTA-Egg** - bacon, lettuce, tomato, avocado, and a sunny side up cage free egg topped with gruyere on multi-grain toast with chipotle house mayo 10

**Egg Florentine**- sauteed spinach w/garlic, house spiced bacon, sunny side up cage free egg, gruyere cheese on toasted rustic bread 10

**Mediterranean Eggs** - fluffy cage free eggs, feta cheese, organic cherry tomatoes & organic basil w/ house spiced bacon & house baked ciabatta bread w/ organic berry jam 11

Breakfast Sandwiches on house baked ciabatta rolls:

**The Lake Break** - cage free egg, sharp cheddar cheese, on toasted house baked ciabatta 4

- with house spiced bacon 5
- with sliced avocado and tomato 5
- with blackforest ham 6

**Muffins** (change periodically)

Buttermilk Blueberry 3

Carrot Apple 2

**Scones** (change periodically)

Maple pecan scones 3

Cinnamon rolls 3

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